



A NAAC Accredited Institution  
**KINGS**  
COLLEGE OF ENGINEERING  
Recognized under 2(f) & 12(B) of UGC  
Approved by AICTE, New Delhi  
Affiliated to Anna University, Chennai



## NATIONAL SERVICE SCHEME

NOT ME



BUT YOU

### “COVID-19 AND SOCIAL DISTANCING”

**Date & Time: 20.01.2021, 03:00p.m**

**Venue: Google Meet**

As per the direction of Ministry of Youths Affairs and Sports in the scheme of Swach Pakhwada under Swachh Bharat Mission from **20.01.2021, 03:00p.m**, a one day Programme on **COVID-19 AND SOCIAL DISTANCING**, was organized by the National Service Scheme of our college. The programme officers Mr. P. Raajeshwaran, Unit I and Mr. S. Ambalatharasu, Unit II, arranged this programme.

The programme was inaugurated by Dr. R. Rajendran, Secretary and Dr. J. Arputha Vijayaselvi, Principal of Kings College of Engineering, In this programme Mr. P. Raajeshwaran, Unit I delivered welcome Address, during this programme 162 students of our college eagerly participated, our chief Guest Dr.Sasivarman, Medical officer,Rashtriya Bal Swasthya Karyakram(RBSK),Thanjavur, Expressed about COVID-19.

Researchers in China found that the most common symptoms among people who were hospitalized with COVID-19 include: Fever: 99%,Fatigue:70%, A dry cough: 59%, Loss of appetite: 40%, Body aches: 35%,Shortness of breath: 31%, Mucus or phlegm: 27%. Symptoms usually begin 2 to 14 days after you come into contact with the virus.

The virus that causes COVID-19 infects people of all ages. However, evidence to date suggests that two groups of people are at a higher risk of getting severe COVID-19 disease. These are older people (that is people over 60 years old); and those with underlying medical conditions (such as cardiovascular disease, diabetes, chronic respiratory disease, and cancer). The risk of severe disease gradually increases with age starting from around 40 years. Vote of thanks delivered by Mr. S. Ambalatharasu, Unit II.

**NSS PROGRAMME OFFICERS**

**PRINCIPAL**