

# ACADEMIC YEAR 2022-2023/ODD SEMESTER

# **CITIZEN CONSUMER CLUB**

# **Guest Lecture in Food Safety-report**

Citizen Consumer Club organized a Guest Lecture in **"Food Safety**" to volunteers of CCC-I year **on 03.03.2023, from 02.00pm to 03.00pm. Dr.V.Sureshkumar, HoD,Dept. of Science and Humanities** acted as resource person.

### **Objective:**

The objective of this programme is to create awareness of food safety and healthy lifestyle for students and parents.

### Introduction:

The resource person pointed out clearly, food is basic necessity of life. Therefore it is essential that food we consume is wholesome and safe. Unsafe food can lead to a large number of food borne disease.

#### Food Safety:

Food safety means assurance that food is acceptable for human consumption according to its intended use. He explained the following physical hazards in food.

- Stones
- Hairs
- Stems and seeds
- Bone, fragments and feathers
- Jewellery
- Nails, nuts and bolts
- Button

The following are invisible chemical hazards in food:

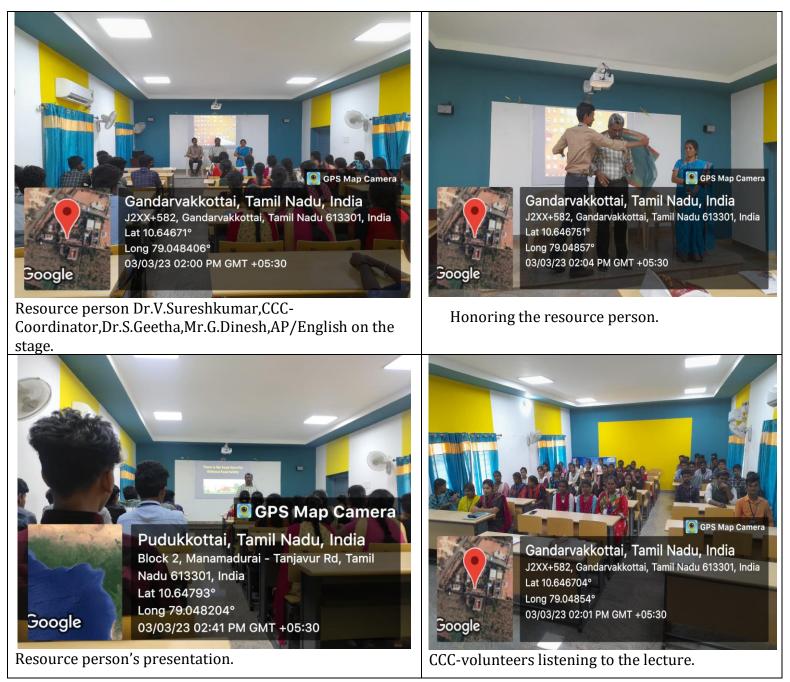
- Cleaning chemicals
- Adulterants
- Excess of permissible food additives
- Non-permissible food additives
- Veterinary residues
- Pesticides residues

The resource person explained about food infection and food intoxication. He insisted that without food security there is no food safety. Also he elaborated the biological hazards which are an important cause of foodborne disease.



#### **INVITATION**

### Highlights of the Guest Lecture



#### **Outcome:**

- Gained knowledge of the importance of homemade food and prevented from consuming unsafe and contaminated food from restaurants.
- Created awareness among students about healthy lifestyle



J. Man 08/3/201

Principal